

OT-Europe Workshop:

Health Literacy within Occupational Therapy: a broad exploration

to identify & strengthen use of “health literacy” in occupational therapy

Investing in health literacy (HL) has proven to strengthen individuals’ and organisations’ resilience. Therefore in this workshop we will discuss, how occupational therapy contributes to HL on different levels. Attendees will network with other occupational therapists and develop strategies to explore and strengthen HL in their own setting across Europe.

Occupational therapy practice often includes an element of developing health literacy. While this is sometimes explicit and named, at other times it may be used unknowingly and as an element of a complex intervention with other primary aims. This workshop will include presentations and give opportunity to reflect on different levels and ways of addressing health literacy within Occupational therapy practice, research and education.

It will be of particular interest to those interested in health literacy, student education, curriculum development, and working with older adults.

At the end of the workshop attendees will:

- know more about the concept of health literacy and its relevance to occupational therapy / science
- have expanded knowledge of a curriculum developed to teach students about maximizing independence of older people
- reflect on methods used to conduct a study on health literacy and the findings of this research
- network with other occupational therapists and occupational scientists interested in health literacy
- have opportunity to join a OT Europe working group on Health Literacy



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The OT-Europe Workshops are part of the

