

## Meet the Experts

### Introduction

From this newsletter on we will invite Experts of the OT-Europe Register of Experts to give some information of their field of expertise and the meetings in which they represented COTEC / OT-Europe. We are very pleased that Daphne Kos and Annick van Gils accepted this invitation to share their information.



**Daphne Kos** is an occupational therapist and movement scientist. Currently she is professor and co-manager of the OT bachelor and master programme in AP University College Antwerp and in KU Leuven (interuniversity programme with Ghent, Hasselt and Antwerp) (Belgium). Her research domain is situated in the area of fatigue, occupational performance, life balance and assessment, mainly in MS. Daphne Kos is vice president of the European organization for rehabilitation in MS (RIMS).

**Annick Van Gils** is an occupational therapist with clinical experience in neurological rehabilitation. She obtained her master's degree in Occupational Therapy in 2013 and started her doctoral training at the Faculty of Kinesiology and Rehabilitation Sciences, KU Leuven under the supervision of prof. Geert Verheyden and prof. Daphne Kos in 2015. Her PhD project focusses on the recovery of bimanual activities and life balance after stroke.



We represented COTEC at various meetings of the European Brain Council. The European Brain Council (EBC) is a non-profit organization with the mission to improve the lives of those living with brain disorders by advancing the understanding of the healthy and diseased brain through bringing together science and society. The engagement of COTEC at these meetings is mainly to give the occupational therapy's frame of reference (and rehabilitation in general) a voice. During the meetings, we were able to raise several core principles of occupational therapy during round table discussions and lunch debates and connect with people involved in the organization. The purpose of these activities is to increase the visibility of occupational therapy and to foster the integration of OT's core principles in projects of the European Brain Council. Personally, we like

the discussions with different stakeholders in this area. It is a nice opportunity to meet representatives from industry, society and patient organizations, make new professional contacts and be informed about current and future projects.

<http://www.braincouncil.eu>